When you feel boxed in by not knowing how to get out of a bad situation, or solve a problem, or overwhelmed by others opinions, thoughts and/or advice. You can step outside the box and exercise your creativity.

Connect these dots using only 4 straight lines. Do not lift your pencil and do not retrace over any of your lines.

Most people approach the exercise thinking that they need to stay within the lines of what they perceive as a box around the nine dots. This activity ask you to see differently than you usually do, to shift your perspective away from the way you normally react to a situation, instead to step outside the box!
Answer:

Start here.

End here.