

CONVERSATIONS AMONG PARENTS



Feeling stressed?

You're not alone.

Join us for free virtual mental well-being sessions led by Community Leaders, Healers and Counselors as we talk about mental health for ourselves and our students.

WHEN

- | | |
|-------------|---------------------------|
| November 10 | All Parents/Caregivers |
| November 17 | Latinx Parents/Caregivers |
| December 1 | Native Parents/Caregivers |
| December 8 | Black Parents/Caregivers |

7 pm CST via Zoom

